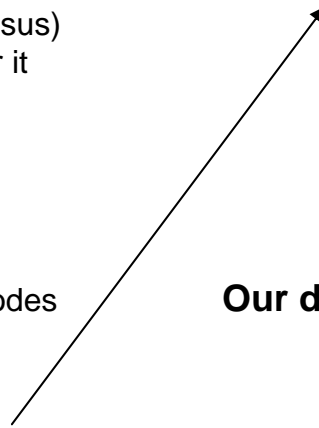


A Healing Scale

10	Major deception (or Jesus)
9	Don't have a desire for it
8	Ceasing the behaviors
7	Occasional fantasy
6	White knuckle
5	Struggle with fantasy
4	Occasional setbacks
3	Uncontrolled sex episodes
2	Compulsive acting
1	Sexual addiction
0	Major deception



Our desire to change

What blocks movement?

1	Unwilling to acknowledge that there is a problem
2	Complacency (I'll take care of that issue down the road)
3	Unwilling heart (I refuse to surrender my dark, hidden room)
4	Unwilling to take the risks needed to change
5	A desire to return to Egypt (where someone else meets our needs)
6	Relying on your own strength (I can control this sin)
7	Unforgiveness (I'll keep doing this until I hear words asking for forgiveness)
8	Disbelief (Despite what you say, I don't think change is possible)

Growing to Maturity Questions

What's happening right now?

Where will this action lead me to?

What will the consequences of this action be?

What are my genuine needs? (**Hungry Angry Lonely Tired**)

God is giving me a way out. Will I take it? (If no, there is little anyone can do)

From a talk given by Jason Thompson at the
Exodus International Leaders Conference 2005

